

What a skin exam involves



You will need to remove all clothing (generally you can keep your undergarments on) and put on a gown. You may also ask for a chaperone such as a nurse to be present in the room during your exam.

Your physician, typically a dermatologist, will perform a head-to-toe examination of your skin in a systematic fashion, paying special attention to areas that are difficult to see, such as in the folds of the skin, in the scalp, behind the ears, and between the toes.



He or she may use a special magnifying glass with a light, called a dermatoscope, to better visualize the details of certain marks to determine if there are any suspicious features.

The entire exam should take between 10-30 minutes and is generally a quick, non-invasive way of screening for skin cancer.

