

## Scavenger Hunt Instructions

Our Move for Melanoma Scavenger Hunt will get your kids moving their bodies and racing against the clock to find all sorts of interesting objects around the house, while also learning about sun safety. The hunt can be done with a single child or with several. Here are some instructions to help you get ready.

1. Print a copy of the Scavenger Hunt document for each child. Make sure they have a pencil to tick the boxes as they go. If they are too young to read, keep the sheets and help them by reading the items out loud and ticking them as they are completed.
2. Review the list of items to make sure they all work for your particular circumstances. For instance, if there are no stairs in your home, you can find an alternative task for the kids to complete or skip it altogether.
3. Make sure you read through the items on the list with the kids that will be playing so that everyone is on the same page about what they'll have to do and find. This is a good time to clarify if certain areas of the house are off limits.
4. Identify the "home base", the place where all the objects must be brought to before the item can be ticked off. If you want the hunt to be a race, then explain to the kids that whoever returns to the home base first with every item on their list ticked wins the race.
5. Make sure you have sunscreen, sunglasses, a hat and a long sleeve shirt for each child close by.
6. Make sure you have a timing device and a piece of paper to write each child's completion time.
7. If you want the hunt to be a race, consider having a prize for the winner.
8. Don't forget to take some photos and send them to [marianne@saveyourskin.ca](mailto:marianne@saveyourskin.ca) if you'd like them to be included in our recap video.
9. And finally, have fun and enjoy!